



REGION V NEWSLETTER



GIANT



COLLEGE ACTIVATION

Region V has successfully achieved 100% college activation, a key milestone in our strategic plan. Spanning from Merced to Taft College, with Lemoore College as the newest addition, we have fulfilled our goal to activate all colleges in Region V well ahead of schedule. This goal was initially targeted for completion before the SSSCC General Assembly in April 2025, but we reached full activation much sooner, demonstrating our commitment and efficiency. With this goal already achieved, our region is now set to maintain full activation, ensuring continued engagement and growth across our region. Thank you to everyone who made this possible!

WELCOME BACK!

Happy New Year and welcome back to school! We hope this newsletter finds you well and that you enjoy all the exciting things we have planned for you.

IMPORTANT DATES

Resolutions Deadline

February 14, 2025

Email resolutions@ssccc.org



Region V Leadership Summit

February 18, 2025 - Bakersfield College

RSVP by Feb. 10th

Advocacy Day

March 4, 2025 Sacramento, California

RSVP by Feb. 14th

General Assembly

April 4-6, 2025 Los Angeles, California

REGIONAL AFFAIRS

LETTER FROM THE TREASURER

Hello Region V,

My name is Isaac Mendoza, your Region Treasurer, and I am majoring in Psychology & Sociology at Reedley College, with plans to attend Fresno State next semester.

I would like to first and foremost welcome everyone in this new year and applaud your efforts in 2024, but also thank you for the opportunity to serve you all this semester. In this new year, I hope to work with everyone to improve upon past advocacy efforts in the region.

With a new year come new opportunities to advocate for change. If you are interested in conferences, training, and more, reach out and we will be sure to help you, since every student's voice matters. I cannot wait to see what this year has in store for all of us!



Sincerely,
Isaac Mendoza
Treasurer



SSCC BOARD OF DIRECTORS

The SSSCC held their January Board of Directors weekend in the Bay Area (Region III). The training sessions focused on legislative visits, preparing for the legislative cycle, trauma-informed leadership, and goal setting. During the meeting, several items were discussed, including updates from system partners. A key highlight was the approval of the Financial Literacy and Undocumented Student Caucuses. The next Board of Directors weekend will be on Feb. 7-8th in Region VIII!

REGION V DELEGATE ASSEMBLY

Mark your calendars! The Region's Delegate Assembly meeting will take place on Jan. 31st at 1 PM at College of the Sequoias in Visalia, CA. Delegates will dive into key topics, discuss upcoming events, and review resolution sponsorships to ensure they're fully prepared for what's ahead. Don't miss out on this important meeting!



OPPORTUNITIES

GET INVOLVED WITH THE REGION AND THE SSSCC!



REGION V LEADERSHIP SUMMIT

Join us for the Region V Leadership Summit on Feb. 18th, 2-5 PM at Bakersfield College! We'll cover key topics to prepare for Advocacy Day, General Assembly, and boost your leadership skills. This event is open to all students, and SBAs are strongly encouraged to attend! RSVP by Feb. 10th!

ADVOCACY DAY

Join us on March 4th for an all-day event in Sacramento, CA! Students will have the opportunity to conduct legislative visits and then march to the Capitol to make their voices heard. RSVP by February 14th!



GENERAL ASSEMBLY

Get ready for the 29th General Assembly, April 4-6, 2025, at the Los Angeles Westin Airport! Shape the future of the SSSCC by setting priorities through resolutions, electing the 2025-26 Board Officers, and networking with student leaders statewide. Registration is now open!

STUDENT RESOURCES

STAY ON TRACK

Meeting with your counselor is important to stay on track with your education plan. They can help you choose the right courses, meet graduation requirements, and plan for transfer. Regular check-ins will keep you on schedule to graduate or transfer as soon as possible.



FOOD PANTRIES ON CAMPUS

Food insecurity is a real challenge for many students, but many campuses offer food pantries and basic needs centers to provide support.

They provide quick to-go snacks, take-home items, and assistance with applying for CalFresh. Don't hesitate to use these resources to stay nourished and focused.



FINANCIAL AID OFFICE

Paying for college can be one of the biggest stressors. The financial aid office on your campus is your go-to for scholarships, grants, and other forms of financial support. Be sure to visit their website for the latest updates, and check out resources like the [California Student Aid Commission \(CSAC\)](#) for helpful info on state aid.

SCHOLARSHIPS

Scholarships and internships are valuable resources for financial aid and career development. Be sure to visit your college's scholarship website and reach out to your major or academic pathway for information on available opportunities, deadlines, and requirements. These resources are essential for helping you fund your education and gain professional experience.

PRIORITIZE YOUR MENTAL HEALTH

If you're feeling overwhelmed—whether by personal challenges, academic stress, or the ongoing events around us—your campus health center is here to support you.

They offer mental health resources, guidance, and assistance with managing stress, anxiety, or any concerns affecting your well-being. Prioritizing your mental health is essential, and reaching out for support is a positive step toward taking care of yourself during these challenging times.



THE LEGACY OF DR. MARTIN LUTHER KING, JR.

Martin Luther King, Jr. was a key figure in the American civil rights movement, championing nonviolent resistance and equality. His leadership in events like the Montgomery Bus Boycott and the March on Washington helped secure landmark achievements, including the Civil Rights Act of 1964 and the Voting Rights Act of 1965.



THE IMPACT OF MLK IN THE VALLEY

In June 1964, Dr. Martin Luther King Jr. visited Fresno, California, to stand against a new housing law that allowed landlords to discriminate based on race. His visit ignited a wave of activism across the city. Leading a march from Fresno High to Fresno City College, King was joined by over 1,000 people chanting for freedom and justice. While the march focused on the fight for fair housing, King's visit also revitalized local civil rights efforts, inspiring future movements for educational equality and farmworker rights.

At the time, Fresno was deeply segregated, with black and brown communities living in the south, while white neighborhoods thrived in the north. King's powerful speeches struck a chord with the local struggles, and his presence gave energy to ongoing efforts for change.

Though King's fight in Fresno centered on housing, his message of equality resonated through other movements. Just two years later, in 1966, the United Farm Workers arrived, continuing the push for civil rights in the region. Today, while Fresno has made strides, challenges like economic disparity and environmental injustice persist. Yet, Dr. King's legacy continues to fuel the ongoing fight for equality and justice in the city.

THANK YOU FOR READING

INTERNAL COMMITTEES

Delegates, please ensure you attend the regional internal committees you've been assigned to, as this is part of your duties. Be sure to contact your committee chair for details on the next meeting date and time.

REMINDERS

Delegates! Don't miss the upcoming January Delegate Assembly meeting. Be sure to check your emails for important details about the Leadership Summit, Advocacy Day, and General Assembly. Some RSVPs have deadlines, so stay on top of them! Don't forget to share this information with your Advisor and SBAs to keep them informed.



STAY IN TOUCH



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