Code Red Proposal for Menstrual Hygiene Product Dispensers in Perkins Library

September 27, 2018

Proposal Prepared by Duke Code Red Initiative Presented by Sabriyya Pate, Elle Chen, and Hannah Ahrendt Presented to Leslye Kornegay, Duke University Facilities Management

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Introduction

Menstrual hygiene products should be provided for all menstruating individuals in Perkins Library, the most visible academic building on Duke University's campus. Because menstruation is a natural bodily process affecting over half the population, we believe that menstrual hygiene products should be regarded as fundamental necessities to the hygiene of our academic and social environment, as ubiquitous as toilet paper and soap dispensers.

We, a coalition of Duke University undergraduate and graduate students, herien submit this proposal to the Office of Student Affairs, Facilities Management Office, and broader administration of Duke University, to outline mechanisms for delivering menstrual hygiene products in Perkins Library.

Proposal

In September 2018, Code Red, a coalition of undergraduate and graduate student leaders committed to advocating for menstrual hygiene products, circulated a petition to members of the Duke community. The statement of support (Appendix A) was signed by over 1300 undergraduates, staff, faculty, student groups, and alumni of Duke University. This statement requests Facilities Management-provided menstrual hygiene products in Perkins Library.

In 2017 Facilities Management launched a since-extended pilot program to provide menstrual hygiene products in restrooms in the Bryan Center. Since the installation of these dispensers, which have been widely popular among menstruating students, students have expressed strong need for such supplies in Perkins Library, a more centrally located academic building where students spend more time near, with surrounding E-Quad, Social Sciences, Social Psychology, Old Chemistry, and Languages buildings. In addition to students, faculty and staff have mentioned the need and show support for this initiative of providing menstrual hygiene products. Thus, this will benefit not only students, but staff and faculty as well.

Proposal A: Contact manufacturers of current Perkins Library dispensers to make current coin-based operating system no longer require a coin for usage. Dispenser to be regularly stocked and supplied by Facilities Management.

The cost associated with this option will come from the service charge of the dispenser manufacturers to change the dispensers to no longer require coins for operation, purchase of menstrual hygiene products, and associated restocking costs.

Code Red estimated cost: With a one-time cost of changing the dispensers [dependent on Duke partner dispenser manufacturer] and an annual cost of an estimated \$1243.44. The annual cost is based off the DSG -funded Perkins Pilot Program. A three month supply of both tampons and pads cost \$414.48, with further consideration that after every restocking period supplies were completely depleted.

Proposal B: Replace Perkins Library dispensers with new functional and regularly stocked dispensers in restrooms.

We respectfully propose Facilities Management adopts the same Bryan Center services to Perkins Library, replacing the current largely broken dispensers in the Perkins Library restrooms.

Sub-Proposal: Stock dispenser, with considerations made for current coin-operating system, in first floor Perkins Library gendered restrooms, and LL1 gender neutral restroom. In providing menstrual hygiene products in only a fraction of restrooms in Perkins Library, Facilities Management will be able to reduce costs at the relative expense of student, staff and faculty convenience.

Objective of Code Red Pilot Program

The purpose of this pilot program was to demonstrate a clear, definitive need of menstrual hygiene products in Perkins library, where students spent a lot of time. We assessed the success of the pilot program from surveys shared with students in weekly Duke Student Government emails and monitoring supply-usage on the spreadsheet. The ultimate objective of the program was to expand the program into a more permanent solution, if demand warranted it.

Background to Code Red

In October of 2017, Sabriyya Pate contacted Ann Elsner, Associate University Librarian for Administrative Services, and Emily Daly, Head of the Assessment and User Experience Department of Perkins Library, regarding plans to provide menstrual hygiene product bins in Perkins Library through a student-run pilot program. In a survey on menstrual hygiene product use in the Bryan Center of 262 students, 127 (48.5%) recommended expansion of the service to only Perkins Library.

The details of the plan were as follows.

- Duke Student Government surplus funding will pay for pads and tampons, as well as plastic containers (with lids) to hold the products.
- The restocking schedule is to be based on that used by Sabriyya Pate in Kilgo House O and P restrooms, which are stocked with tampons and pads on a weekly basis.
- The pilot program would last till the exhaustion of supplies or end of Spring 2018 semester.

In November of 2017, Sabriyya Pate, Elle Chen, and Sonali Biswas presented these plans for a semester-long pilot student-staff project to provide menstrual hygiene products in Perkins Library.

This resulted in a successfully passed Budgetary Statute of Duke Student Government to Fund Menstrual Hygiene Products in Perkins Library on November 1, 2017. The DSG Senate allocated funds from DSG Surplus Fund to purchase 1000 pads, 1500 tampons, and 24 plastic bins to contain the menstrual hygiene products at a total cost of \$414.48 for one semester. The supplies were purchased via the Progress.Period. account by current Progress.Period. President Hannah Ahrendt.

On November 13th, 2017, Mark Barker, Director of Security and Facility Services for Duke University Services, confirmed approval of this pilot program to be ran in Perkins Library. On

December 4, 2017, Sabriyya Pate and DSG Treasurer Nick Santangelo received special approval from the Duke University Center Activities and Events office for the use of student fees to purchase the hygiene products.

At a meeting with representatives from DSG's Think Gender gendered rights advocacy think tank, including Jacqueline Monetta, Elle Chen, Liza Rebold, and Sonali Biswas, the term Code Red was coined.

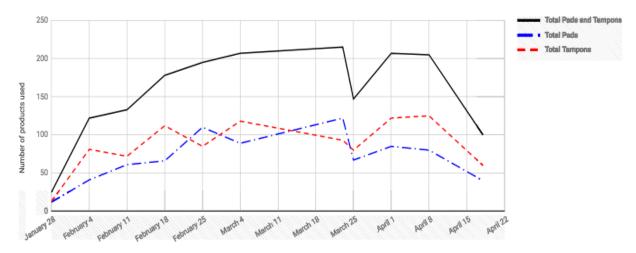
Code Red Pilot Program Results

Throughout the Spring 2018 semester, Elle Chen, Hannah Ahrendt, Sabriyya Pate, and Alice Chen cycled through the following restrooms in Perkins Library to restock supplies on a weekly basis:

- First floor women's
- Second floor women's
- Third floor women's
- Fourth floor women's
- LL1 gender neutral restrooms (2)
- LL1 women's
- LL2 women's

Restocking began on January 28. By April 18 (less than 3 months), all products were used. Produced below is a graph documenting the weekly usage of pads and tampons taken in Perkins. Code Red estimates that it took 3 weeks for public knowledge to spread regarding the existence of tampons and pads. After April 8th supplies were low explaining the drop in usage since not enough supplies were available in Perkins. Therefore, excluding outlier weeks, the average pads taken were 69 and average tampons taken were 80 throughout Perkins libary. Note: each weekly student restocking, on every level of Perkins, especially ground floors, the supplies were depleted before the next

restocking.



Again, in a survey on menstrual hygiene product use in the Bryan Center of 262 students, 127 (48.5%) recommended expansion of the service to only Perkins Library.

Main findings from the feedback on Code Red survey:

- Of the selected responses on preference between tampon and pad usage where the majority of surveyees (70%) preferred tampons.
- Of the responses 88% of respondents marked their need as "often" "very often" and "always"
- 72% of respondents rated affordability and accessibility of menstrual hygiene products on campus as 1-4 out of 10 (where 1 is "extremely unaffordable" and 10 is "extremely affordable.")
- Regarding the quality of tampons and pads provided through Code Red the majority rated it as "satisfactory."

Appendix

Appendix A: September 2018 Petition and Signatures

Support Proposal for Menstrual Hygiene Products in Perkins Library

By signing this petition, we are supporting the statement, "All students deserve reliable access to menstrual hygiene products in Perkins to improve physical and mental wellbeing."

It is not uncommon for students to find themselves in need of menstrual hygiene products while studying, and in order to support productive studying it is helpful to have menstrual hygiene products available. Therefore, we believe menstrual hygiene products should be available in Perkins for all menstruating students because menstruation is a natural bodily process affecting over half of the population. Menstrual hygiene products should be regarded as fundamental necessities such as toilet paper and hand soap. Numerous colleges and universities across the nation, including Brown University, Cornell University, Grinnell College and UCLA, have implemented programs to provide menstrual products for students.

During spring 2018 semester, the Code Red team - a coalition of student activists involved through various organizations in menstrual equity -- piloted a program using DSG surplus funds to provide menstrual hygiene products in Perkins. This program was successful with supplies being used up by students within 10 weeks and the pilot program received positive feedback from students. We herein sign this statement to support a permanent program fully operated by Duke University Facilities Management in Perkins Library.

Students and Alumni

Carmen Lessley, T '22	Lillian Zhu, T '21	Daisy Fang, T '21	Nicole Rapfogel, T '19
Alexandra Onsi, P '20	Samantha Votzke, T '19	Rachel Radvany, T '21	Jenny Liu, T '22
Zoe Kona, T '22	Grace Cai, T '19	Caroline Wang, T '19	Alice Reed T '20
Nehal Jain, T '22	Noelle Li, T '20	Guadalupe Pulidos, T '21	Jordan Diamond, T '21
Braelyn Parkman T '21	Aidan Fitzsimons, P '21	Michelle Rodriguez,T '21	Emma Fleishman, T '21
Bianca Saputra, T '22	Elise Cai, T '20	Ekim Buyuk, T '19	Jane Booth, T '19
Eren Bagis, T '21	Jessica Falbaum, T '22	David Frisch, T '20	Anastasia Parafestas, T '22
Nadia Elizabeth Ford, '19	Bailey Carkenord, T '20	Ellen Scully, T '21	Kate Watkins, T '19
Caroline Heitmann, P '21	Chelsea Southworth, T '19	Noah Lanier, T '21	Jules Frost, T '19
Brianna Joyce, T '22	Grace Feng, T, '20	Rachael Gottes, T '18	Shelby Christine Turner, T '19
Cydney Livingston, T '22	Katherine Li, T '20	Emily Barré, P '21	Melanie Camejo Coffigny, T '20

Katie Xu, T '21	Vivian Yuan, T '21	Teresa Mao, P '20	Mikhal Kidane, T'19
Daniel Crair, T '21	Mackenzie Roberts, T '19	Carol Xia P '20	Olivia de Gaudemar, T '21
julia carr, P 22	Katherine Buchholz, T '22	Michael Li, T '19	Charlotte Thomas, T '21
Maya Choudhury, T '22	Pingyi Zhu, T '20	Tess Noonan, T '22	Sophie Bell, T '19
Ramya Ginjupalli, T '22	Thomas Vincent, P '19	Duc Tran, T '21	Lindsay Maggioncalda, T '21
Abbey Milwicz, T '22	Annie Hirsch, T '22	Demi Zhu, T '19	Ana Bambrick-Santoyo, T, '21
Shannon Malloy, T '19	Fernanda Rizo, P '22	Bohyun Yun, T '19	Riya Dange, T '19
Michelle Tai, P '22	Gaurav Uppal, P '20	Idalis French, T '19	Saloni Bulchandani, T '21
Natalie Simmons, T '22	Kate Straneva '22	Davis George, T '19	Sydney Johnson, T '22
Kathy Lu, T '21	Neha Vyas, T '22	Urmi Pandya, T, '21	Christina Chen, T '21
Yasser Elmzoudi, P '22	Elmira Hezarkhani, T '22,	Brooke Keene, P '20	Elizabeth Loschiavo, T '22
Lillian Clark, P '22	Kezia Matson, T '20	Yuanshi Tina Tian, T '20	Katie McKinney, T '19
Patrick Wilson, P '22	Ema Klugman, T '20	Victoria Verzi, T '20	Taylor Patton, T '21
Julia Murrow, T '22	Angela Liu, T '19	Keegan Trofatter, T '19	Olivia Falchi Simpson, T '20
Chloe Weiser, T '22	Nick Delacruz, T '21	Ashley Hare, T '20	Esperanza Hernandez, T '21
Olivia Votava,T '22	Kerry Castor, P '20	Megan Zhao, T '21	Marie Rogers, T '20
Callista Scholer, T '22	Ashley Zhou, T '19	Sakile Farah, T '19	Teddy Ruby, P '19
Jasmine Syed, T '19	Rory Eggleston, T '17	Ariana Eily, Grad'18	Erica Wang, T '21
Gwendolyn Henry, T '22	Samia Noor, T '21	Sabriyya Pate, T '19	Justin Kim, P '21
Sophia Li, T '22	Roy Auh, T'19	Kendall Liang, P '19	Margot Hasty, T '20
Jackson Kennedy '22	Griffin Reilly T '20	Alec Lintz, T '19	Sherry Yang, T '19
Katie Freedy, T '20	Roy Xiong T '22	Jasmine Tan, T '20	Erin Simons, P '19
Sarah Xu, T '22	Ethan Nicklow, P '22	Advaitha Anne, P '21	Shreyas Gupta, T '21
Kami Pullakhandam, T '22	Shannon Fang, T '21	Jenny Zhang, T '19	Megan Jiao, T '19
Haley Amster, T'18	Melissa Baldino, T '20	Sloane Ruffa T '19	Morgan McKinney, T '21
Isaiah Mason, T '22	Caitlin Buteau, T '20	Coco Chen, T '19	Sadhana Suryadevara, T '22
Wendy Zhang, T '21	Susie Choi, T '19	Victor Cai '21	Taus Nadeem, T '22
Camden Nelson, T '22	Karan Desai, T '22	Ricardo Matias, T '19	Katherine Waugh, P '20
Bailey Bogle, T '21	Mia Carlyle, T '19	Sweta Kafle, T '21	Elizabeth Ratliff T '19
Chishamiso Chideya, P '22	Tamanna Srivastava, T '21	Kendra Pallin, T '17	Logan Welborn, T '22
Sophie Almekinders, T '22	Gina Kovalik '20	Ameya Sanyal, T '21	Anna Katz, T '18
Becca Supple, T '21	David Henderson, T '19	Noey Boldizsar, T '21	Qiang Zhang, T '19
Sunrita Gupta, T '22	Michelle Chen, T '20	Cassie Ingram, P '20	Alexandra Paulenich, T '20
Parker Frankiewicz, T '22	Nelia Ekeji, T '19	Hayley Barton, T '19	Grant Haskins, P '19

Chloe White, P '22	Shivani Purohit, P '19	Aleni Ayala Ponce '22	Georgia Young, T '20
Anita Li '22	Gabby Cooper, T '20	Holly Kim, T '21	Olivia Wall, T '20
Caroline Bower, T '22	Sara Baudhuin, T '22	Claire Fu, P '20	Maya King, T '21
Meghana Giri, T '21	Ellie Marlor, T '21	Emily Nagler, T '19	Yodit Gebretsadik, P '20
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Crystal Chiu '22	Kelly Yang, T '21	Ethan Ready, T '20	Grace Jeffrey, T '21
Elizabeth Shulman, T '20	Ashley Halleran, P '20	Tiffany de Guzman, T '19	Julia Gianneschi, T '21
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Lissette Araya, T '22	Theodota Kontopoulos, T '19	Joy Lu, T '2 1	Devi Lakhlani, T '20
Michelle Zhang, T '22	Zachary Maccario, T '20	Paulina Guerra, T '20	Anna Li, T '18
Alina O'Brien, T '22	Sahar Kaleem, T '21	Daisy Lane, T '22	Tonya Chen, T '20
Vignesh Alagappan, T '22	Danielle Mayorga-Young, T '19	Katherine Gan, T '21	Stephanie Zhang, T '21
Jacqueline Vicksman, T '22	Lydia Hendrick, T '20	Thalia Halloran, T '22	Kelsey Graywill, T'18
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Jay Zussman, T '20	Frederick Xu, T '20	Katherine Xiao, T '22	Javan Jiang, T '22
David Conlin, T '21	Youlim Kim, T '19	Michelle Dantzler, P '21	Stacy Chen, T '21
Savannah Lo '22	Natalie Asmus, T '22	Rachel Mundaden '22	Hayden Manseau, T '20
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Jodi Yeh, T '22	Dan Crair, T '21	Maria Pita, T '21	Mikayla Lyons, T '21
Amy Yoon, T '22	Sara Behn, T '21	Carolina Sierra, '21	Aimee McVey P '20
Richard Benito, T '22	Shom Tiwari, T '19	Ahana Sen, T '22	Sanjidah Ahmed, T '19
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Hannah Miao, T '21	Noey Boldizsar, T '21	Caragh Heverly, T '22	Rahul G Sengottuvelu, T 20
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Kristy Lieu '22	Anya Parks, T '21	Katie Waeldner, T '21	Maegan Stanley, T '19
Skye Tracey, T '19	Eliza Letourneau, T '19	Elizabeth Bambury T '22	Tyler Goldberger, T 19
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Rachel Berlowe Binder, T '19	Claire Wang, T '19	Ana Ramirez, T, 20	Sandra Martha Batakana, T '19
Olya Kislovskiy, T '22	Madison Alvarado, T '21	Megan Libke, P '21	Emily Qin, T '22
May Varakonmeethakul '20	Caleigh Smith, T '19	John Liakos, T '22	Emily Davis, T '19
Erik Tran, P '21	Kathryn Devine, T '20	Marshall Strickland, P '19	Meredith Schmehl, Grad '24
Shayal Vashisth '19	Robyn Guo, T '19	Kiori Tanaka, T '21	Katie Tomlin 2020
Sarah Mumbert 2020	Morgan Ferrans T '19	Stephanie Zelenetz, P '20	Catherine Chen, T' 20
Vivieb Zhou, T '22	Howard Huang, T '19	Kara Madey, T '19	Zoe McGrady
Lauren Wein, T '21	Christine Yoon, T '21	Binisha Patel, T '22	Sarah Kane, T '21
Brielle Tobin, T '20	Spencer Bandeen '20	Amulya Vadapalli T '19	Carolyn Blumberg, P '20
Cady Zhou, P '22	Rebecca Dalton, Grad 19)	Nadia Innab, T '21	Catherine Yang, T '18
Kevin Peng, P '22	Hannah O'Sullivan, T '21	Jamya Wiley, T '22	De'Ja Wood, T '21
Abby Kingsley, T '21	Anya Bali, T '19	Bilge Tatar, T'22	Katherine Hahn, T '20
Xiayimei Han, T '20	Karla Sosa, Grad '22	Audrey Ellis, P '19	Nicholas Cheung, T '19
Harper Bassim-Marshall, T '22	Jasmine Lu, P '19	Anna Schwarzkopf, T '21	Naman Agarwal, T '21
Dakota Douglas, T '22	Stella Wang, T '19	Mia Chang, T '22	Pavel Pivarshev, T '21
Julia Nasco, T '22	Omolola Sanusi, T '21	Anna Yang, T '22	Anjali Gupta, T '22
Selin Ozcelik, T '20	Britany Morgan, Grad '21	Sara Burpeau, T '22	Saj Kader, T '20
Rachael Lau, P '20	Andrea Kolarova, T '20	Anna Go, T '21	Luiza Perez, T '19
Elle Chen, T '19	Aneesha Raj, T '21	Isabel Ruby-Hill, T '19	Kamryn Washington, T '22
Samuel Pease, '20	Madeline Gartner, T '83	Alyssa Wilson, T '22	Michelle Katemauswa, T '21
Jared Edwards, T '20	Irene Liao, Grad '20	Kimberly Calero, T '20	Siyun Lee, T '22
Heesu Park, T '20	Sonia Hernandez, T '19	Bailey Knight, T '21	Aydin Anwar, T '19
Anna Merryman, T '19	Lauren Smith, Grad '21	Rebecca Torrence, T '21	Inikki Mitchell, T '20
Nico Bodkin, T '20	Valedie Oray, T '20	Sara Varsames, T'19	Vicki Lu, T '21

Ceren Ebrem, T'20	Shujie Li, Biology PhD '24	Arianna Agostini T '22	Emma Stein, T '20
Vivian Wang '19	Robyn Guo, T '19	Rose Wong, T '20	Chandler Richards, T '19
Jackie Contento, P '21	Jacqueline Gerson, PhD ;23	Thamina Stoll, T '17	Siddarth Kethireddy, P '19
Beatrice Rose, T '21	Liam Pulsifer, T '20	Amanda Padden, T '22	Ashley Kelley, T fall '19
Alexa Moses, T '19	Tina Tian, T '20	Caroline Petronis, T '21	Guhan Muruganandam, P '18
Erin McDermott, T 20	Julie Uchitel, T '19	Eden Schumer, T '22	Jesse Mangold, T '19
Harry Liu, T '19	Sally Tran, T'19	Lexi Kadis, T '20	Jesse Pollack, T '18
Matthew Wisner, T '20	Chelsea Shoben, Grad '18	Beatrice Schleupner, T '22	Aamir Azhar, T '18
Raisa Reed T '20	Ethan Udell, T '20	Claire Yin, T '22	Ammara Aqeel, T '19
Sarah Putney, P '20	Betsy Broaddus, T '20	Molly Apsel, T '21	Samantha Votzke, T '19
Eli weed, T '21	Nadeesha Perera, Grad '18	Ryan Geitner, T '21	Melany Puente, T '19
Elisabeth Collins, T '19	Alice Carter, Grad '23	Gia Cummings, T '21	Shania Khoo, T'22
Erin Lee, T '21	Allison Dear, T '20	Jennifer Yan, P '22	Joanne Kim, T '22
Allison Rauch, T '20	Sreya Rahman, T '22	Margaret Gaw, T '22	Muyi Zhang, T '19
Allison James, T '20	Rylee Hackley, Grad '23	Vivian Luo, T '19	Crystal Chiu, T '22
Emily Chang '20	Kathryn Ridgway T '20	Cornelia Fraser, T 21'	Joanne Zheng, P '20
Nicole Malpeli, T '22	Jay Gupta, P '20	Rosie Eidelman, T '19	Kevin Liao, P '17
Kat Hefter, P '20	Anika Agarwal, T '19	Isaac Andersen, T '20	Adary Zhang, T '19
Brooke Scheinberg, T '21	William Song, T '19	Elise Malone, T '21	Emily Sun, T '20
Katherine Li, P '22	Dennis Clements	Nia El-Amin, T '21	Faith Rodriguez, P '19
Austin Zhang, T '20	Veronica Niamba, T '21	Kayla Thompson, T '19	Taylor Albus, T '20
Delia Li, T '19	Hadeel Abdelhy, T'19	Annabel Howell, T '22	Sam Min, Grad '20
Elaine Cox, P '19	Julia Notar, '21	Molly Mendoza, T '21	Thandolwethu Mamba, T '20
Elizabeth Allen, T '20	Julia Notar, Grad '21	Jake Gerard, T '20	Vanessa Real Williams, T '22
Alexis Bianco, T '22	Mackenzie DeLoatch, T '20	Avery Taylor, T '22	Ashling Zhang, T '18
Miriam Levitin, T '19	Bryn Lawson, T '21	Elise Michels '22	Sabrina Tran, P '21
Liam Pulsifer, T '20	Katie Nelson, T '19	Francia Fang, T '19	Dima Fayyad, P'20
Christine Lee, T'18	Julia Nicholas, T '19	Cindy Wang, T '21	Courtney Montgomery, P '19
Maddy McKnight, T '19	Daria Patterson-Smith, T '20	Diane Lee, T '21	Natalie Kubicki, T '22
Veronica Yuziuk, P '20	Rachel Shapiro, T '19	Delaney Thompson, P '18	Nathaniel Hernandez, T '20
Alexa Eyring P '20	Ritwik Heda, P '19	Miles Burnette, P '20	Kristi Sturgill, T '22
Bailey Carkenord, T '20	Sujay Garlanka, P '19	Gaomong Lo, T '22	Della Tao, T '20
Laura Noteware, T '19	Daniel Chai, T '19	Aisha Greene T '22	Isibel Caraballo, T '19
Devon Shusterman, T '20	Venezia Leone, P '20	Emily Cutcliffe, T '22	Samantha Morales, T '20

Anna Balas T '19	Radhika Srivastava, T '19	Martha Dean, T '22	Jordan Cline, T '19
Siera Lunn, T '19	John Jeong, P '19	Justin Sherman, T '20	Lingyi (Joy) Fu, P '22
Suchir Bhatt, P '21	Lauren Collier, P '20	Olivia Reneau, T '22	Eva Paige Bahnuk, T '14
Sydney Beckett, P '22	Zhengzhi Xu, T '19	Madden Osei, P '19	Savannah Herbek, T '21
Tiffany Wei, P '20	Aarthi Kaviyarasu, T '21	Amanda McCawley, T '20	Margaret Darko, T '19
Hailey Reisert, T '22	Alice Chen, T '19	Sarah Beckmen, T '19	Chumba Koech , T 20'
Madeline Manning, P '20	Grace Mok, T '19	Eliza Paradise, T '21	Erica Blair, T '19
Julianne Sohn, T '21	Nicole Kastelic, T 20	Dani Shulman, T '21	Natalie Tarn, T '22
Lexi Bateman, T '19	Conor Smith, T '17	Micah Segal-Miller, T '21	Cheenu Tiwari, T '19
Jessica Marks, T '22	Sydney Albert, T '22	Maegan Burns, T '19	Jenny Wang, T '14, Law '19
Caroline Potts, P '20	Amelia Steinbach, T '21	Elizabeth Finny, T '19	Avery Boltwood, T '20
Julia Long, T '20	Celine Murugi, T'22	Catherine Gong, T '22	Rhiannon Harvey, T '19
Rebekah Alvarenga, T '22	Shomik Verma, P '19	Aidan Aronhime, T '22	Prathikshaa Rangarajan, P '20
Gia Jadick, T '20	Camille Ampey, T '20	Priya Parkash, T '22	Margot Armbruster, T '22
William Xiong, P '19	Eyram Klu '19	Brianna Buford, T '20	Anna Jestin, T '20
Gordon Huynh, P'19	Chelsea Liu, T '18	Anna He, T '22	Gustavo Sosa Macias, T '22
Suzanna Larkin, T '21	Cara Kim, T '20	Ethan Kwok T '19	Tevin Brown, T '19
Varsha Iyer, T '19	Jordyn Blake '21	Annie Wang, T '22	Michelle Katemauswa, T '19
Virginia Pan, P '20	Stephanie Wiehe, T '19	Jamie Karl, T '20	Maya Rinehart, P '21
Justin Wang, P '19	Sunny Zhang, T '19	Hunter Kaufman '21	Rachel McWilliams, Fuqua '21
Ashka Stephen T, '19	Olivia Coletta, T '21	Daniel Kim, T '21	Katherine Li, T '20
Zhaoliang Ma, T '20	Erica Langan, T '22	Ella Han '21	Joyce Gu, P '21
Srini Sunil, T 19	Karen Zhao, T '20	Peining Yang, T '21	Angela Chen '20
Alec Li, T '19	Elizabeth Lee, T '21	Iris Yang T '19	Cecilia Xie, T 2018
Samarth Desai, T '19	Annie Yang, T '20	Olivia Mendonca, T '20	Vishnu Gottiparthy, P '19
David Tran '19	Lindsey Shi, T '22	Austin Odell, P '21	Michael Saporito, T '19
Dhruv K Patel, P '19	Karolina DiStasi '18	Grace Abels, T, '22	Nimisha Pant, P '21
Abby Zhang, T '21	Tracey Chen, P '21	Erin Marsh T '21	mitchell bognar, P '19
Anshu jonnalagadda T 21	Helena Merk, T '21	Asa Royal, T '19	Rechel Geiger, T '18
Louise Yishi Lu '22	Simran Singh, T '20	Florence Liu, T '22	Alice Silberstein, P '18
Brian Li, P '22	Adia Coley, T '17	Helen Yang, T '19	Katie Kanter T '18
Sofia Molina, T '21	Jodi Yeh, T'22	Frank Tang, P '22	Allison Hubert T18
Elena Gray	Ahmed Noor, T '17	Joe Choo, T '22	Lauren Willis, T '21
Yuna Kim, P '22	Allison Janowski, T '22	Jaewon Moon, T '20	Holly LoTurco, T '20

Christina Zhang	Stacy Chen, T '22	Samantha Su, T '22	Michael Vazquez, MDiv, '20
Marium Khan, T '21	Mimi Chouikha, T '20	Shikhar Gupta, T '21	Emma Mehlhop, T '21
Hamza Mohamoud T '21	Anisha Watwe, T '21	Kate Leonard, T '22	Isabel Gutenplan, T '19
Maram Elnagheeb, T '20	Lydia Hendrick, '20	Rachel Ma, T '22	Izzy Bank, T '22
Mahnoor Nazeer, T '19	Sakib Hoque, T'21	Rebecca Leggett, P 21	Rachel Lavinia Helman, T '21
Haley Wymbs '19	Shandiin Herrera, T '19	Karina Heaton, T '21	Peyton St. George '21
Mihir Bellamkonda, T '21	Maddie Swotes, T '20	Nicole Barbieri, T '19	Mary Helen Wood, T '21
Zhuri Bryant, T '21	Isabelle Topper, T'19	Christine Bergamini, T '21	Dominique Salinas, T '20
Claire Wiebe, T'19	Molly Dvorkin, T '20	Gerry Chen, P '19	Katherine Huey, T '21
Scott Jones, T'20	Jacqueline Levitan, T '20	Dennis Wang, T '21	Amory Williams T '21
Rachel Abboud, T '21	Austin Jia, T '20	Harrison Yue, T '21	Bri Butler, '22
Julia Wohl, T '19	Isabel Ivanescu, T '20	Kya Locklear, T '21	Shelby Walters, T '22
Mia Huang, T '19	Holly Renz ,T '20	Yunyu Lin, T '20	Sara Behn, T '21
Michael Gulcicek, T '19	Francesca Maglione, T '21	Andrew Yeung '20	Caroline Levine, T '19
Marley Zelinger, P '19	Melissa Leal, T 21	Shicheng Rao '20	Cristina M. García Ayala, T '20
Kendall Bell, T '19	Maria lulo, T '21	Kunal Shroff 2020	Rachel Settle, T '19
Kevin Wu, Grad '19	Kunaal Sharma T'19	Jenna Clayborn, T 20	Anoop Yelisetty, P '19
Philipp Popp, T '20	Manav Avlani, T '19	Daniel Sprague, T '21	Rayhan Jhanji, T '22
Alexandra Walker, P '19	Julianna Turner T '20	Jair Alleyne, T '22	Daniel Ryan, T '22
Shyam Pradheep, T '20			

Organizations

Duke Panhellenic Association
Zeta Mu Chapter of Lambda Theta Alpha Latin Sorority Incorporated
Department of Biology
Muslims Student Association
Duke Know Your Status
Duke Hindu Students Association
Gates House - House Council
Round Table
Alpha Kappa Alpha Sorority
Asian Pacific Islander Queer
Baldwin Scholars
Blue Devils United
The Muse: A Duke Feminist Publication
Duke Progress. Period.

Duke Gamma Phi Beta Sorority

Duke Swing Dance Performance Club

Duke Energy Club

Duke Smart Home

Duke Electric Vehicles

Duke Sangeet

Duke Pi Tau Sigma

Duke Men's Project

Faculty and Staff

Zoe Isabella

Caroline Usher

Benjamin Wheeler

Lillian Pierce

Priscilla Wald

Janice Crawford

Rebecca Cary

Justin Wright

Mark Rausher

Tawni Voyles

Marcy Uyenoyama

Anne Lacey

Julie Reynolds

Jolanta Miadlikowska

Nimmi Ramnujam

Amy Schmid

Eleanor Caves

François Lutzoni

Brian Looney

Jacob Gordon

Jane Swart

Jill Foster

Appendix B: Selection of Testimonies from 2018 Petition

• I have been saved by the free menstrual hygiene products in Perkins on several occasions; whatever the reason, not having brought the products you need with you to the library can seriously interrupt your study session. If you're like me and don't want to leave your laptop and other things just sitting at your table while you leave, you might not even have a spot to

^{*} Note: Petition signatures are confidential. The contents of this petition are for solely the addressed and may contain confidential information due to the privacy requests of certain individuals.

- come back to work at when you return from your dorm or the lobby shop. This is an awesome program that I hope can be implemented across campus, but Perkins is a great start! Chelsea Southworth, T '19
- Having access menstrual products provided in the BC has saved my life so many times- it's super embarrassing yet sadly very easy to be caught off guard without resources for feminine hygiene. - Florence Liu, T '22
- This program was extremely valuable to me last year, as is the program that supplies free menstrual products in the Physics building. If anything, this program should be campus-wide. - Mary Helen Wood, T '21
- I had a menstrual emergency during class on West, and needed to grab feminine hygiene products at BC. I went to dispense some and there were non left in. I didn't know where else I could go so I had to use toilet paper and it was absolutely horrific. We need better access to feminine hygiene products across campus! Smiti Shah '22
- The free period products were especially helpful when living on another campus (in my case, East) because when I forgot a product in my room and didn't have money with me, I didn't have to miss class to return and take care of my hygiene! You would never have to return to your room or buy a full pack from the student store if you forgot to bring some toilet paper with you, so why do we expect women to do this for menstrual products? Bailey Bogle
- They are a lifesaver also allow me to study more if I don't always have to walk back to my dorm during the day. Becca Supple, T '21
- My ability to pay for menstrual products did not determine whether or not I would have to
 explain my need to excuse myself to my room or to the lobby shop to buy overpriced
 products when in the middle of a group project. It increases accessibility to products that all
 menstruating students need and protects these students from the social stigma that still
 surrounds menstruating Rachel Rubin, T '19
- This program really helped me out last year when I ran out of pads at the end of my period and did not have time (or a car) to go off campus to buy supplies where they are cheaper (as compared to on-campus stores).
- Not having to walk past a lot of people with blood soaked pants is nice
- I love having access to these products! Stella Wang, T '19

•

- There have been many times that I've bled unexpectedly, and have had to run to the place with the closest free period products, which, last year, was the Physics Building. I'm not the only one! Please help out the girls (and anyone else who has a period) at Duke.
- It was so helpful and would be so appreciated
- Very happy about this! Hope to see products in dorms, gyms, and all over campus soon!
- I was saved during O-Week with the free tampons in the BC. With so much to think about that week I forgot to bring any products with me and I didn't really know anyone well enough to ask for something. It was such a relief to walk in the bathroom and see that they

- are provided!
- Duke has a unique opportunity here to contribute to a larger statement about gender equality and I highly encourage them to do so.
- It was great having the products available in most of the campus bathrooms, and also decreased my stress when I got my period and wasn't prepared. I think this should be a basic necessity in every public restroom.
- Just last week I got my period in the middle of a lab and went to a bathroom, where there was an empty pad/tampon dispenser (and based on what I've seen elsewhere, it has probably been empty for a long, long time). And you know what I used? Rolled up toilet paper. This is a regular part of my life, as I know it is for many other women. It's absurd that we live in a world where I can walk into many campus facilities and get as many free condoms as I want, but no pads or tampons.
- I had a menstrual emergency during class on West, and needed to grab feminine hygiene products at BC. I went to dispense some and there were non left in. I didn't know where else I could go so I had to use toilet paper and it was absolutely horrific. We need better access to feminine hygiene products across campus!
- Definitely had emergency situations in Perkins when I was super grateful for the free products, or when the products were out and I REALLY wished they were better stocked! Also, feminine products are VERY expensive, so it's hard for college students to afford them, let alone to afford the time to go shopping to buy them! This program, if properly supported helps solved these accessibility issues!
- This was tried about 12 years ago in Perkins and was not followed up on as far as: keeping products supplied and regulating how many one person could obtain on a daily basis, thus it declined and was eliminated. I hope it can be a systematically implemented program this time with some acknowledgement by administration on campus that persons needing these types of supplies should be considered a priority rather than an afterthought. We all contribute and collaborate and should not have to be worried about product availability and/or having to justify/be embarrassed as a result. I did get facilities to install fem hygiene disposal containers in Allen Building. That seemed to be a major step for helping restroom users, but why did it take 32 years and me complaining for it to happen? Strange how some sports facilities have everything you can think of but common sense stuff for "regular" folk has to be requested. Thanks for organizing the pilot program and the survey!
- Very useful and makes me feel like Duke (and dsg) respect my needs/experiences as a woman on our campus

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Appendix C: Background to Menstrual Hygiene Products at Duke University

Spring 2015: Formation of Progress. Period., a student organization dedicated toward addressing menstrual inequity, specifically providing menstrual hygiene products for those who do not have access.

Spring 2016: Collaboration begins between Duke Student Government (DSG), Progress. Period., the Department of Facilities Management, and student affairs to determine how to provide access to free menstrual hygiene products on campus.

Spring 2017: Bryan Center begins to provide free menstrual hygiene products in January.

Fall 2017: DSG approves funding for the Code Red Pilot Program to provide access to free menstrual hygiene products in Perkins Library.

Spring 2018: Code Red Pilot Program begins in January and continues through April.

Appendix D: Research on Menstrual Hygiene Products in Schools and Universities

"Students must feel comfortable during their classes so they can focus on learning, and having free, easy access to menstrual products is essential."[1]

- Department of Education Spokesperson
 - University of Minnesota has been providing free menstrual hygiene products in bathrooms for the past ten years.
 - University of Nebraska at Lincoln began stocking restrooms with menstrual hygiene products in September 2015.
 - In February 2016, Reed College students formed a group with the sole purpose of stocking campus restrooms with free menstrual products.
 - In March 2016, Columbia University announced it would begin providing free tampons in its health center. The Student Council President stated that the products may eventually be provided in restrooms.
 - Grinnell College administrators are working with student government to begin offering free menstrual products in at least one gender neutral bathroom in each campus building.[2]
 - In September 2016, Emory University's College Council and Campus Services launched a six-month pilot program to provide free tampons at three locations on Emory's campus.[3]
 - UCLA's LGBT Campus Resource Center began to stock free menstrual hygiene products in September.[4]

- Brown University Student Government created a budget allocation to support stocking all campus bathrooms with free tampons.[5] Students hope that the Administration will take over funding the program.
- Following the passage of a menstrual equality law, New York City launched a pilot program to make free pads and tampons available in public schools.[6] The law requires free menstrual hygiene products in schools, correctional facilities, and shelters.
- Cornell University introduced a referendum planning to offer free menstrual hygiene products in all bathrooms. The proposal was supported by 78.6% of voters.[7]
- In June 2017, University of Washington Seattle and its Buildings Services Department started a pilot program to provide menstrual hygiene products in select buildings.[8]
- In April 2018, Yale College Council introduced a pilot program to provide free menstrual products in three of their residential colleges
- New York state requires that all public schools provide free menstrual hygiene products for individuals in grades 6-12 [9]
- [1] http://www.independent.co.uk/life-style/health-and-families/free-tampons-and-pads-are-to-be-made-available-in-higher-education-a7311011.html
- [2] https://www.insidehighered.com/news/2016/03/11/students-demand-free-tampons-campus
- [3] http://emorywheel.com/23333-2/
- [4]] http://dailybruin.com/2016/09/04/lgbt-campus-resource-center-now-offers-free-pads-and-tampons/
- $[5] \ https://www.washingtonpost.com/news/morning-mix/wp/2016/09/09/free-tampons-for-all-at-brown-university-this-school-year-even-in-the-mens-room/$
- [6] http://time.com/money/4481951/free-tampons-pads-schools-students/
- [7] http://cornellsun.com/2016/09/27/s-a-free-tampon-referendum-passes-with-overwhelming-support
- [8] https://facilities.uw.edu/blog/posts/2017/07/13/free-menstrual-products-pilot-program

[9]

https://www.governor.ny.gov/news/governor-cuomo-reminds-schools-new-law-requiring-school-districts-provide-free-feminine-hygiene

Appendix E: Testimony from students on a survey whose link was distributed in two all-undergraduate emails by DSG regarding Bryan Center dispensers.

- I don't use the products in the Bryan Center because I'm never there long enough.
- It's awesome!!! Sometimes I find myself starting unexpectedly early and I just run over to BC and grab something. My dorm (Kilgo Avalon) also has tampons and pads, and so does Physics building which is awesome. The only suggestion I would make is to get ultrathin pads which is what they have in Kilgo, because the ones in BC (when I used them) were really bulky and showed through my clothes
- Thanks for doing this!! Getting caught outside of the dorm room without anything on hand is really the worst.
- This would be super useful at "hubs" around campus, like evenly scattered locations, so that anyone in need of a hygiene product is never farther than a 5 min walk away from one

- Make sure the supplies don't run out please!! I also think we shouldn't have to choose between having free pads in either Perkins or the residential buildings. We should be able to have both, if we can get free condoms in any of the vending machines on campus...
- It seems that the Bryan Center is always out of menstrual products! Is it possible for them to be restocked more often?
- As a freshman, this is amazing when I'm on west for class all day and have an emergency if you know what I mean. However, BC is a little far to walk when I only have a 25 minute break between classes and am trying to eat lunch too! It also would be helpful to have them in Perkins because people spend long hours studying there, and it's near classrooms. Either way, though, I'm a huge fan of this program. No more toilet-paper-makeshifts!
- It would be awesome if this program spread all across campus. It's tough to keep track of which bags (backpack, purse, drawstring bag) I've stored pads in when I'm on my period. Also, sometimes I can't carry a bag on me (marching band), so I can only keep so many pads on me at one time.
- Would love expansion to Perkins Library since students spend a majority of time there and may be a decent walk back to residential dorms.
- We need this in Perkins please!! I don't understand why we don't have it already-menstrual hygiene is as crucial as toilet paper
- This program honestly lessens my anxiety by knowing that I won't be stuck without a tampon between trips to the store or something.
- It's the worst when you find yourself without a pad or tampon when you need one (and have to make an uncomfortable makeshift solution out of toilet paper to help you until you have time to go back to your dorm), so having them available in buildings throughout campus is really nice.
- Not sure why BC was chosen for pilot location. There's not as much traffic as WU.

Appendix F: Student testimony on Code Red Initiative in Spring 2018:

- This was tried about 12 years ago in Perkins and was not followed up on as far as: keeping products supplied and regulating how many one person could obtain on a daily basis, thus it declined and was eliminated. I hope it can be a systematically implemented program this time with some acknowledgement by administration on campus that persons needing these types of supplies should be considered a priority rather than an afterthought. We all contribute and collaborate and should not have to be worried about product availability and/or having to justify/be embarrassed as a result. I did get facilities to install fem hygiene disposal containers in Allen Building. That seemed to be a major step for helping restroom users, but why did it take 32 years and me complaining for it to happen? Strange how some sports facilities have everything you can think of but common sense stuff for "regular" folk has to be requested. Thanks for organizing the pilot program and the survey!
- Very useful and makes me feel like Duke (and dsg) respect my needs/experiences as a woman on our campus

Appendix G: Harvard University Administration September 2018 Announcement to Provide Menstrual Hygiene Products in All Dorms and Houses

Every Harvard Dorm and House Will Now Provide Free Menstrual Products
By Jonah S. Berger, Crimson Staff Writer, September 12, 2018
Link: https://www.thecrimson.com/article/2018/9/12/college-installs-menstrual-hygiene-dispensers-houses/

When Arnav Agrawal '20 decided to run for a seat on the Undergraduate Council during his freshman fall, he ran on a largely single-issue platform: bringing menstrual hygiene products to every dormitory on campus.

Two years later, after a pilot program, campus-wide survey, town hall, and multiple meetings with administrators, the UC and a menstrual hygiene advocacy group convinced the College to finally make that platform a reality.

"I'm from New Delhi, India, where there's a lot more awareness and enthusiasm about provision of free products, and I thought Harvard, being the best college, should definitely have it," Agrawal said. "If the College can provide free condoms, why can they not provide free tampons?"

Over the summer, the College worked with House building managers to install a dispenser in each upperclassman House and freshman yard that will provide tampons and pads.

The dispensers, which custodial staff will fill regularly, are mostly located in gender-neutral restrooms in order to reach students who may not be comfortable in a women's bathroom, according to UC Vice President Nicholas D. Boucher '19.

The process of gaining financial backing for the initiative from administrators was a long one.

After Agrawal was elected in 2016, discussions of the issue began to occur more widely within the Council. And outside of the UC, an advocacy organization on campus called the Hygiene Campaign — now known as PERIOD — ramped up efforts to win administrators' approval for efforts to make menstrual products more accessible.

When advocates for the program brought the proposal to College administrators, they said they would require "extensive data" demonstrating need for the products before they might consider funding such a large-scale program, according to Agrawal, now the chair of the UC's Student Life Committee, and Emma Y. He '19, president of PERIOD.

UC and PERIOD leaders got to work collecting that data.

In the spring of 2017, the Council <u>allocated</u> \$1,000 for a pilot program in freshman dorms. In fall 2017, the pilot was <u>expanded</u> to four upperclassmen houses. By all accounts, the initiative was successful, with supplies frequently exhausted due to high demand.

Still, student leaders wanted to bring a stronger case to administrators, so the Council <u>commissioned</u> a survey to ask students about the prospect of wider availability of menstrual products.

In recent years, UC surveys have received relatively low response rates, most likely a reflection of a broader <u>lack</u> of student engagement with Council affairs.

This time was different, though. Over 2,000 students responded to the menstrual hygiene survey, the most of any survey in UC history.

One question appeared designed specifically to appeal to administrators: "Do you think that the College should provide students with free menstrual hygiene products in all dorms and public places such as libraries etc.?" the question read.

Over 97 percent of respondents responded 'yes.'

With a strong case for student need for hygiene products in tow, UC leaders went back to administrators to ask for funding once again. This time, administrators "immediately" consented, Boucher said.

"We felt that the cost was modest relative to the demonstrated need, so we didn't feel it was an undue burden and we went ahead with it," said Zak Gingo, Harvard's Senior Director of Operations.

For He, the availability of menstrual products is a matter of gender equality.

"I think it is normalized in our society that we expect menstruators to carry their tampons and pads around, but if you actually think about it, it makes no sense, and it is extremely gendered," she said. "It's more about access to education because so many people are late to class or they skip class because they don't have a tampon or pad on them."

Though UC and PERIOD leaders said they were encouraged by administrators' willingness to fund dispensers in Houses and dorms, their ultimate goal would be to make hygiene products available in a significant number of academic buildings around campus as well.

"For now, though, we could not be more excited to see that this is here for the start of the year," Boucher said.

—Staff writer Jonah S. Berger can be reached at jonah.berger@thecrimson.com.

Appendix H: Testimonies from Duke Math Department Surveys Regarding Menstrual Hygiene Products in Physics Building Bathrooms

- Useful in an emergency
- It's really handy not having to pull a girl aside and ask if she has one, or find a professor
- I think it's rare to see this sort of access on campus and it's comforting to see this sort of solidarity
- It made me feel acknowledged as a woman doing mathematics
- You guys are awesome. Makes life so much easier!!

- Thank God for it. When you have an accident you to go woman's bathroom and get a pad.
- Less scrutiny—I'm not the only one who finds myself without one! Easier access and visible supply—no hassling with empty dispensers.
- There aren't any available for purchase, and it saves from the hassle of having to go back and search for a tampon.
- Some days I spend all day working with someone else and it is so embarrassing to have to search for supplies in my bag in front of them. I love that I can now just go to the bathroom and not be blatant in taking supplies with me!
- So helpful!
- It is a public good! And much appreciated!
- Very helpful, saved my life many times.
- It's really great! If I run out or forget to bring my own I don't have to go buy them or walk all the way home or search down other women who might have some or end up using toilet paper as a makeshift pad
- Thank you
- It's liberating
- You guys care about the women in the math dept
- No fear of getting into an unpleasant situation if the nature surprises me off guard
- I certainly feel appreciated! I don't have to worry about not having a pad or conspicuously getting out of class with one.
- Made me feel that I am acknowledged and someone understands my needs
- Yes. I feel at home in the building! Because someone knew we needed this, it makes it feel normal to be a woman here.
- I feel more welcomed!