



THE OFFICIAL REGION II OCTOBER 2020 NEWSLETTER

THE ECO TIMES

In This Issue

Region II October Report

| Page 02 |

October Article

| Page 03 |

Regional Introduction - VC Galinato

| Page 04 |

SSCCC District Spotlight - Mt. SAC

| Page 05 |

**CCC Chancellor's Office Newest
Press Release**

| Page 06 |

Womxn's Caucus Spotlight

| Page 07 |

**Article: Student Loan Debt by
Claudia Duran**

| Page 08 |

Getting to Know Your Leaders

| Page 09 |

Meeting Dates

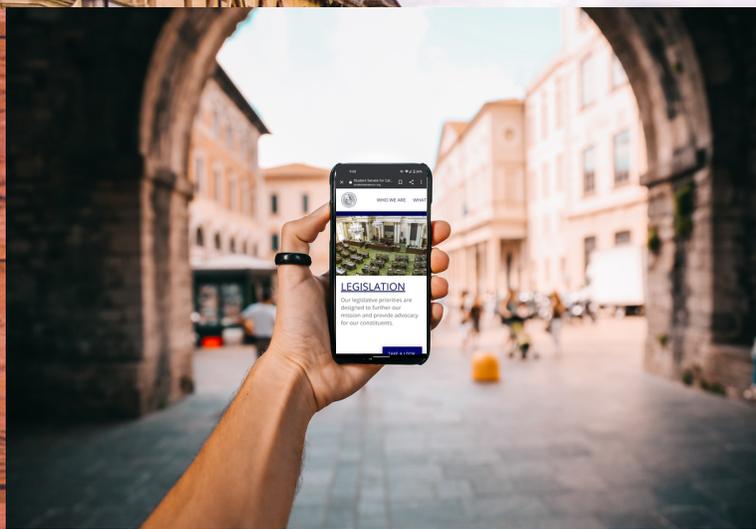
| Pages 10 - 11 |

Verified Region II Delegates

| Page 12 |

Officer Contacts

| Page 13 |



October Region II Report from RAD Anjali Patel

SEE MORE ON PAGE 02

Hope you all are doing well and taking care of yourself as well as your mental health. I am delighted to inform you with a little recap and brief overview with all the projects and assignments that Executive Members work for the month of September and recent October events. Members of the Executive Board continue to meet with delegates for a one on one check in about their roles along with what they would like to see from the Executive Board. We currently have four inactive colleges but the Executive Board is trying to activate all four colleges and hoping for them to be part of us soon. Region II Executive Board is planning to have a Virtual Regional Retreat, where all the students, student leaders and advisors from Region II would be invited to build the community within Region. We also decided to have monthly Game nights and many other events...

RAD II Report for October 2020

Hello Region II,

Hope you all are doing well and taking care of yourself as well as your mental health. I am delighted to inform you with a little recap and brief overview with all the projects and assignments that Executive Members work for the month of September and recent October events. Members of the Executive Board continue to meet with delegates for a one on one check in about their roles along with what they would like to see from the Executive Board. We currently have four inactive colleges but the Executive Board is trying to activate all four colleges and hoping for them to be part of us soon. Region II Executive Board is planning to have a Virtual Regional Retreat, where all the students, student leaders and advisors from Region II would be invited to build the community within Region. We also decided to have monthly Game nights and many other events.

October is the month with a lot of events, We celebrate Indigenous People Day, it's Breast Cancer Awareness Month, Hindu community people have their Navratri Festival, and everyone's favorite Halloween.

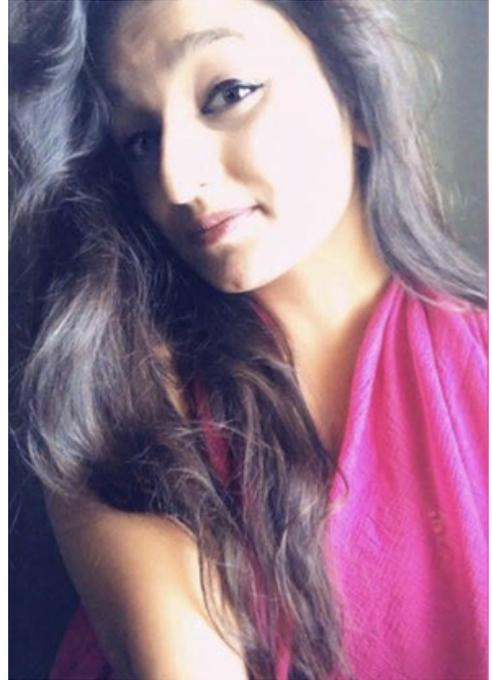
During October's Region II meeting, we tried to emphasize and celebrate these events by dressing up and creating events around the October Theme. We also have "Coffee with Executive Board " every Monday at 11:30 am via Instagram where you get to ask questions and express concerns directly. For more details on events please sign up to Region II listserv and Instagram page.

The region is currently advocating our legislative priorities that will acknowledge students basic needs. [Here](#) are some ways to get involved with Proposition 16 texting banking opportunities. Proposition 16 regional text banking opportunities. Our Region II LAD Prasad and Treasurer Dhaliwal have been actively involved in advocating and reaching out to all colleges to have mini town halls on campuses to better represent the student voice and directly hear from students.

Our Region II Communication Officer Schiffmaier has been presenting some incredible Regional Newsletter in a timely manner every month with all the SSCCC updates and has been keeping the region updated with all the ongoing events and also bringing up new and incredible ideas of engagements. She is the best at what she does and I am truly blessed to have her on the team.

Our Region II Treasurer Dhaliwal has been actively working alongside the Vice President of Finance to have regional fundraising events for Region II. Starting mid- September, the finance committee started having regular meetings and planning for future events. I would highly recommend joining the finance team if you finance is something that interests you.

As Regional Affairs Director for Region II, I am blessed to have this opportunity to work alongside this incredible team of Student Leaders who are so passionate about advocating and representing voices of all students. We will continue to best the region by upholding our duties in a timely manner. I would encourage Region II to follow our Instagram page (ssccc_regionii) and also to sign up for the Region II Listserv to have more updates.



Happy Spooky Season everyone!



Within Region II, we realize that October is not only the spookiest time of the year, but also a time of importance for many. From Breast Cancer Awareness Month to National Depression Education and Awareness Month, we would like to acknowledge and recognize all of the events that are occurring this month while encourage you to honor and celebrate these events alongside us.

The number eleven has always had a pretty big significance in luck, but it's now exactly how many days are left before election day. With the overwhelming pressure of the current political climate and everything else, our mental health is more than ever at an all-time high right now. During the month of October, which is the start of the final month of campaigning and last-time push for candidates to convince the public to vote for them- but it is also a month where there are many events that recognize the importance of our mental health such as Emotional Wellness Month, National Depression Education and Awareness Month, and World Mental Health Day.

Additionally, we would like to bring awareness to Breast Cancer Awareness Month. For us, we have had a few members within our families and communities. From our team to yours, we- on the behalf of Region II and the entire SSCCC- would like to personally send our love for you- especially during such a difficult time. Our Region is currently in the process of creating a compilation of videos to make the hard times that people may be going through right now a little bit easier to get through.

October is also the month of recognition for many ethnic and racial groups. As a Filipina-American, it's a big month for me and the rest of the Fil-Am community as it is Filipinx-American History Month. For the Latinx community, it is their time to shine too as it is Latinx Heritage month and we get to see the beauty in their heritage and culture. On top of that, we must also recognize two other holidays that occur in the month- Indigenous People Day (October 12th) and Día de los Muertos (starting on October 31st). At the end of the month, we look forward to the spookiest holiday of the year, Halloween! Stay safe everyone and have fun celebrating!

Regional Executive Board Member Spotlight

Mabuhay kapamilya!

Meet Jenn Galinato, the current Vice Chair of Region II for SSCCC and Student Senate Secretary of Legislative Affairs at Sacramento City College. In the midst of her second year of college, she is triple threat major- studying in business administration and marketing, communications, and law. Last year, she had served as a student senator and before that, had held several positions during her time at Rio Americano High School. Ms. Galinato is jokingly best known by her nickname, “Jane Pope”, amongst many who know her well and have gotten the opportunity to work closely beside her. This name came about due to her close resemblance of titular character, Jane, in Jane the Virgin from The CW, as well as similar characteristics of Olivia Pope in ABC’s Scandal. Born as a first generation Filipinx-American, she grew up with the Tagalog saying from her family, “isang bagsak, tara na!” which has encouraged her to take up a role as a student leader within her community. She looks forward to representing the students of SCC as well as on the statewide-level with SSCCC, especially to tackle pressing issues such as social justice and the coronavirus pandemic while addressing issues that matter most to students at this time.

Pagmahal pamilya and maraming salamat po!

Best and Kindest Regards,

Jenn Galinato
Region II Vice Chair



Tagalog to English Translations mentioned in the post:
“Mabuhay kapamilya!” = “hello family!”
“isang bagsak, tara na!” = “one fall, let’s go!” “Pagmahal pamilya” = “all love for my family”
“and maraming salamat po!” = “and I thank you/thank you so much”

Mt. San Antonio College sits on 420 rolling acres of land in Walnut, CA on Tongva territories. They are the traditional caretakers of the Los Angeles Basin, Tovaangar, what we now call home and where campus is geographically situated. Since Spring, we have engaged in a tumultuous online distance-learning environment where college operations have been relentlessly prospering thanks to our devoted administration, faculty, staff, and campus leaders including the unconditional support from the students, for the students.

Beginning of Fall, College President Bill Scroggins released a Call to Action titled the “Societal Education for Equity Challenge” for Latinx, Black-African American, Indigenous Equity and Racial Justice. Dr. Scroggins recognizes the significance in breaking down barriers by creating a new culture built on unity of purpose through recognizing the value of diversity for both Mt. SAC and overall American Society.

Mt. SAC engages with the nation by joining forces with the Secretary of State, Alex Padilla’s call to join the Ballot Bowl- a competition between colleges in the State of California to register as many people as they can to increase voter turnout. In addition, Mt. SAC will also once again serve as a voting center in the gymnasium for 11 days starting from Saturday, October 24 to Monday, November 2.

The Hollywood Foreign Press Association granted the Mt. San Antonio College Foundation at the 2020 Golden Globes Awards presented by actress, Anna Kendrick. Mt. SAC’s mission continues to mobilize financial and non-financial resources to enrich student’s learning environment and educational experience through the commitment of supporting students’ basic needs. Since the pandemic, there have been additional resources for students like the CARES Act Emergency Grant, Laptop Loan Program, Mental Health Resources from Student Health Center, and the Mountie Fresh Food Pantry.

The college’s future is flourishing from the inside out with bonds, like Measure GO, as the catalyst towards the transformation of campus structure. The Educational and Facilities Master Plan, as well as the Climate Action Plan, work as the guide to educational programs, the construction, and renovation of needed facilities over the next fifteen years. Measure GO harnesses the record for the most state funding towards the Technology and Health building project, currently in the initial design phase.

The Mounties at Mount San Antonio College choose to be resilient during these unprecedented times and wish the best for all!



Press Release: \$100 Million Donation Committed to Foundation for California Community Colleges to Help Students Finish College

Recently, the California Community College's Chancellor's Office partnered with FoundationCCC, orchestrated a \$100 Million Dollar Pledge for students to succeed with less concern for financial associated with higher education, so they may achieve their goal of completing a CCC Degree or transferring to university.

[Press Release Website Link](#)

[Press Release PDF Link](#)



SSCCC Caucus Spotlight: The Womxn's Caucus



*Written by
Chair Arjali
Patel*

Hey everyone,

First of all, Thank You for allowing the Womxn's Caucus for the California Community College to be the Spotlight Caucus of the Month. Our purpose is to organize an independent body of like-minded individuals who wish to make their voices heard and create positive change in our community. We are focusing on advocating for resources, rights, and/or services regarding matters related to the Womxn attending community colleges across the state of California.

A little about the history of the Student Senate for California Community Colleges Womxn's Caucus, The Womxn's Caucus was reactivated last year during the General Assembly by Toni Schiffmaier: A former Chair of the Womxn's Caucus and current Vice President of Finance for Student Senate for California Community Colleges. As the current Chair of the Womxn's Caucus I am incredibly grateful to be part of this caucus and help advocate for the betterment of all the womxn's across the state of California. Womxn's Caucus meets the 4th Monday of each month at 3:30pm via Zoom.

Currently active goals:

- In a last meeting we changed the name of the caucus from the Women's Caucus to Womxn's Caucus to be inclusive of each identified sexuality and represent all the womxn's voices. - We are currently working on Womxn's Caucus logo to best represent the Caucus - We have the Female Hygiene Products initiative started for colleges and universities to have female hygiene products available for womxn's to use on campus. Currently, we are discussing creating a survey to distribute out to all 116 community college campuses across the state of California to better understand the process and necessity within each college and geographical representation for the womxn's needs.
- Collaborating with Free the period Movement organization to help out with advocacy toolkit.
- Currently in work of sponsoring the Resolution for Feminist Center in all community colleges which is written by one of the Womxn's Caucus member.

For more information and to get involved in advocating for all Womxn's, Join the Womxn's Caucus by simply email it to me at chairwomxns@sscccawomxns.org and get more updates by signing up to Caucus Listserv at this [link](#), as well as you can follow us on our Instagram page @sscccwomxnscaucus

Article by Claudia Duran: Student Loan Debt

Written by a Harvard Extension Student...

While it may not be top-of-mind for community college students, student loan debt will affect students who transfer to 4-year universities. Most student loans have high interest rates, are nearly impossible to discharge in bankruptcy, and have limited consumer protections. For example, did you know that private lenders can garnish your wages?

Unfortunately, by the time college graduates know the facts, it's too late. Promissory notes have been signed, and creditors will collect.



So how do we diminish the ill effects of student loan debt? Here are my recommendations.

- Because college degrees are expensive, it's time to treat them as legitimate investments in the portfolio of your career. What is the average starting salary for someone with your degree? Will there be demand in this field by the time you graduate (2-3 years from now)?
- Remember: Bachelor's degrees are not licenses or certifications, and college is not job training. To be competitive in the workforce, you need experience in work-related software, programs, etc. Study the labor market or talk to a job recruiter to find out what skills and background will get you hired.
- Even if you pursue a major for personal enrichment rather than career advancement (in which case you're not looking for a return on investment), you should still read every loan you sign. What are the interest rates? Are your loans private or public? What are your refinancing options?



While some student groups have argued for student loan forgiveness, prevention is the best medicine. Until we find a more permanent solution to end the high cost of higher education, avoid student loan debt, know your rights as a debtor, and become financially literate.

Sources:

1 | 2 |

Getting to Know Your Leaders

SSCCC Fun Fact:

Did you *know that the roles and duties of the Communications Officer and the Secretary were previously separated?*

We asked some of our Regional and Statewide Executives this question:

"If I could have any superpower, it would be..."

- | (Region II) | (State) |
|---------------------------|----------------------|
| • Teleportation | • Super Intelligence |
| • Green Lantern Ring | • Predict the Future |
| • Telepathy | • Time Travel |
| • Interdimensional Travel | • Telekinesis |

KUDOS of the MONTH!

GIVING KUDOS IS A WAY TO RECOGNIZE AND ACKNOWLEDGE PEOPLE'S WORK. REGION II STARTED THE INITIATIVE TO GIVE KUDOS ACROSS THE 115 COMMUNITY COLLEGE STUDENTS WITHIN CALIFORNIA IN A WAY TO APPRECIATE THE WORK THAT PEOPLE AROUND YOU DO AND TO ENCOURAGE THEM. MESSAGE TO YOU FROM SOMEONE WHO APPRECIATES YOU AND YOUR WORK. THIS MONTH WE HAVE KUDOS FOR:

Region X Communications Officer Jorge Silva:

"Jorge Silva has gone above and beyond in his role as Communications Officer to engage our students and encourage student engagement."

Aesha Abduljabbar

"I nominate Aesha Abduljabbar for the Kudos of the Month for the amazing work she has been doing for Basic Needs at American River College. She is a very passionate, hardworking and astronomically amazing person. We Thank You for all that you do!!!!"

Inspirational Quote of the Month

"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek." -Barack Obama

FUN FACT ABOUT THE REGION II BOARD

One of the Executive Board members can speak multiple languages and she likes to learn languages in her free time and love K-dramas, BTS, and Ramen.

Meeting Dates

Executive Board Meetings at 4:00 pm on

- **November 6, 2020**
- **December 4, 2020**
- **January 1, 2021**
- **February 5, 2021**
- **March 5, 2021**
- **April 2, 2021**
- **May 7, 2021**
- **June 4, 2021**



Meeting Dates

Delegate Assembly Meetings at 5:00 PM on

- November 20th, 2020
- December 18th, 2020
- January 15th, 2021
- February 19th, 2021
- March 19th, 2021
- April 16th, 2021
- May 21st, 2021
- June 18th, 2021



REGION II DELEGATES



American River College

Jacob Couch

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Folsom Lake College

Bindu Mukkamala

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Sacramento City College

Jason Park

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Sierra College

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Woodland Community College

Gurtaj Grewal

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Cosumnes River College

Ngan Bao

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Lake Tahoe Community College

Mariela Jimenez

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San Joaquin Delta College

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Yuba College

Shanna Keith

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OFFICER CONTACTS

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Treasurer:

Inderpal Dhaliwal

treasurerregionii@studentsenateccc.org

Becoming an active Region II College:

To be considered an active college within Region II, your college must:

- **Appoint and/or Elect a student delegate by an Advisor and/or Student President.**
- **Complete delegate verification form.**
- **The delegate must attend monthly Regional Delegate meetings.**
- **For more information on reactivating college contact RAD Patel at radregionii@studentsenateccc.org**

Connect with the Student Senate for California Community Colleges

by signing up to listserv to get updates

<http://listserv.ccnex.net/scripts/wa-CCCNEXT.exe?SUBED1=STUDENTSENATE&A=1>

