



# NEWSLETTER

## Region X



### Table of Content

Letter From CommsX	---	1
Advocacy Academy Recap	---	2
Destressing December, Meet Our Student Intern!	---	3
Internal Committees	---	4
Thank You Letter	---	5

### Letter from Communications

Region X and supporters, thank you for the fantastic Fall semester we've had! We've shared many successes and learning curves together. Thank you to the SBA advisors, the backbone of our student governments, for always supporting their communities to the best of their abilities. SSCCC staff have been instrumental in our success as well; Thank you! For anyone interested, you can continue to stay updated on all things Region X via our Instagram (@ssccc\_regionx). I hope you all have enjoyed the efforts I've invested into our social media and monthly newsletters updates thus far. Enjoy the winter break!

Respectfully,  
*Kimberly De La Cruz*  
 Communications Officer, Region X





## Advocacy Academy Recap

December 1-3, 2023

The SSCCC held its first ever Advocacy Academy next door in Region IX at the Riverside Convention Center. Thank you to the schools that made the drive and represented Region X! It was a great learning experience for our student leaders from SD Miramar, Southwestern, Grossmont, MiraCosta, and Palomar. We hope to see even more of our schools at the 2024 General Assembly in Santa Clara, April 5-7!



# Meet the Region X Student Intern



## Mikala Hutchinson (She/Her/Hers)

Mikala is currently studying Sociology at MiraCosta College and serving in the Associated Student Government as the Vice President of the Community Learning Center. As our Student Intern, she is our direct person of contact for SSCCC staff and assists the Regional Affairs Director with behind-the-scenes planning and coordination. We appreciate you, Mikala!

### A word from our Student Intern:

"I value the opportunities the SSCCC has given me as a Student Intern from personal to professional growth. The inspiring advocacy from all students and the whole organization has challenged me to be a better advocate for California Community College students. Through this experience, I have led a successful language reform for MiraCosta's Child Development Center making the center accessible for all students and look forward to the further growth I will gain as a Student Intern and advocate."



## Destressing December

### What? Why? + How?

Stresses come from everywhere this time of year- Finals, holidays, Winter, etc. Take some time to enjoy some self-care in the way you may benefit from the most: Reading, crying, going out to eat, drawing, surfing, or sleeping in can help you reset and enjoy a break from school.



"There is **HOPE**,  
even when your brain tells you there isn't."

-John Green

# Delegates

- Southwestern College  
Flynn Leiter
- Imperial Valley College  
Josh Figueroa
- SD Mesa College  
Jade Bersamina
- SD City College  
Maximus Gastelum
- SD Miramar College  
Hudson Betts
- Cuyamaca College  
Courtney Etnyre
- Palomar College  
Christopher Garcia Mendez
- Grossmont College  
Madeleine Winchester
- MiraCosta College  
Rahime Demirci

## Happy Holidays!



## Internal Committees



### Inter. Affairs

Coming Soon!

Spring 2024

ViceChairRegionX  
@ssccc.org

### Leg. Affairs

Coming Soon!

Spring 2024

LADRegionX  
@ssccc.org

### Finance

Coming Soon!

Spring 2024

TreasurerRegionX  
@ssccc.org

### Comms

Coming Soon!

Spring 2024

ComsRegionX  
@ssccc.org



# THANK YOU

To our 9 Community Colleges

For your ongoing leadership and well representation of Region X both at the local and statewide level. The Fall Semester of the 2023-2024 academic school year has seen many successes from our region. From getting SWC & IVC's AB-91 passed into law, to Region X being the first to achieve full activation, we have represented ourselves and each other fantastically. We share these victories among all nine of our colleges. Thank you and happy holidays!



- Regional E(X)ecutive Board