



*Harvard College Hygiene Campaign Club:*

Pilot Program for Menstrual Hygiene Products in the Houses

**Goal:**

The purpose of this pilot program is to collect data on the reception of a small-scale and short-term dissemination of menstrual hygiene products in the Houses. This data will be important for future large-scale and long-term menstrual hygiene provisions in all 12 Houses at Harvard College. The pilot program will provide free menstrual hygiene products in 4 houses (one house in every neighborhood) beginning on September 1, 2017 and ending on December 24, 2017. We will survey students at the beginning and end of the Fall 2017 semester, asking what they feel the need to be and in what ways the pilot program addressed or did not address the need. Throughout the semester, The Harvard College Hygiene Campaign Club will work to maintain the products with the building managers and to monitor the usage and reception of the pilot program with the help of the respective Housing Committees and UC members of each House.

**Implementation:**

Since this will be a small-scale pilot program, each menstruator will most likely use their own menstrual hygiene products for the majority of their period, and will use the products in the restrooms for emergencies. Therefore, we can approximate that menstruating students will use pads and tampons from the restrooms 2-3 times per period. This is approximately 9,000 pads and tampons for the entire semester. To include staff members, we will account for an additional 1,000 pads and tampons. This makes for a grand total of **10,000 menstrual hygiene products (5,000 pads and 5,000 tampons)** across the 4 houses for the entire semester.

**Sustainability:**

To maintain the products in the houses, The Hygiene Campaign will work with Undergraduate Council and building managers to help refill the products throughout the semester. The products will be kept in the storage closets of each house. After data is collected from the survey at the end of May 2017, representatives from The Hygiene Campaign will meet



with building managers at the beginning of the Fall Semester of 2017 to find appropriate places in the house for the products.

**Break-down:**

- Length of 1 Semester: **4.5 months**
- Total Population in 4 Houses: **1,600 students**
  - Proportion of Menstruating Students in 4 Houses: **Approximately ½ of the students menstruate**
  - Total Population of Menstruating Students in the 4 Houses: **800 menstruating students**
- Total Number of Periods per Semester: **3,600 periods**
  - Total Number of Pads and Tampons per Period: **2-3 (2.5)**
  - Total Number of Pads and Tampons per Semester: **10,000 (5,000 pads + 5,000 tampons)**
- Cost per Tampon: **\$0.17**
- Cost per Pad: **\$0.17**
- Cost per Distribution Bowl: **\$2.00**
  - **Total Cost for Tampons and Pads in All 4 Houses per Semester: \$1,708**

**River East: Dunster**

**1,250 pads + 1,250 tampons + 1 Bowl  
\$427**

**River West: Adams**

**1,250 pads + 1,250 tampons + 1 Bowl  
\$427**

**River Central: Winthrop**

**1,250 pads + 1,250 tampons + 1 Bowl  
\$427**

**Quad: Pforzheimer**

**1,250 pads + 1,250 tampons + 1 Bowl  
\$427**